

Concussion Awareness
Policy# 5
Proposed: 11/19/2015
Approved: 11/19/2015



President -Gary Miciche
Vice President- Shane Smith
Secretary-Alisa Booberg
Treasurer-Paul Dettor

Purpose: To protect youth athletes from possible traumatic brain injury and to comply with Maryland state laws, SB 771 and HB 858, by setting policy and protocol on possible head injury.

Plan: To provide all players, coaches and parents with information about concussions prior to the season starting. Having players and parents view and sign the Anne Arundel County concussion awareness form provided by Recreation and Parks. This will include requiring all coaches to view the CDC's coaches Heads Up course.

1. All coaches must read and be familiar with the warning signs of concussions.
2. Any athlete who is suspected of sustaining a concussion or any other head injury in a practice or game must be immediately removed from play at that time. The athlete must not be allowed to return to play if removed.
3. The coach must inform the athlete's parents/guardians during or immediately after the event with his or her concerns about the suspected concussion. They must also request he/she be evaluated by a physician/licensed health care provider trained in the evaluation and management of concussions. The coach must also notify the appropriate sports commissioner about the injury within 24 hours. Sports Commissioners must document the injury and forward to the BAYS Secretary and President to be kept on file.
4. An athlete who has been removed from play due to a suspected concussion **may not** return to play until the athlete has obtained written clearance from a licensed health care provider trained in the evaluation and management of concussions. This written clearance must be provided to the appropriate sports commissioner prior to returning to competition. All clearance forms will be kept on file by BAYS and must be forwarded to the Secretary and President of the BAYS.